

Bay Area Doula Training

Lead by Neri Life-Choma, founder of the Birth Coach Method, in association with Bay Area Maternity Lin Lee RN, CNM and Maria Greulich, RN, CNM.

April 15 – June 10, 2017

Your journey of becoming a birth doula, and pursuing the most fulfilling career, begins with our Bay Area doula training workshop! Consisting of five Saturday classes, 15 online virtual classes, and a close supervision process, this program uniquely provides students with hands-on experiences, supporting birthing mothers at El-Camino Los Gatos hospital with Bay Area Maternity midwives.

Click here for class description and certification requirements

In addition to the self-study of 15 virtual classes, five Saturday meetings will be held, 10 am to 2 pm on the following dates: April 15, 29, May 13, May 27, and June 10. Classes will take place at BAM office on 777 Knowles Dr. #11, Los Gatos, CA 95032

For more information and for registration, please contact trainer Neri Life-Choma 408-480-1389; neri.life@gmail.com

About the Trainer:

Neri is a certified Birth Doula and Childbirth Educator, and she is a certified Hypnotherapist and a Life Coach. During her 18 years of practice Neri founded a Hospital based doula support program, and a birth resource center, and directed two birth resource centers, one of which is Blossom Birth in Palo Alto. She lead hundreds of childbirth education classes and workshops, and supported hundreds of couples throughout their birth. For the past 7 years Neri has been training doulas in the SF Bay Area, and lead professional development workshops for doulas with the goal of integrating coaching skill into the field of birth support. After founding Birth Coach Method, Neri created the workshop '<u>The Art of Coaching for Childbirth</u>' (DONA CEUs) and began leading worldwide <u>webinars</u>, enriching birth professionals with coaching tools for childbirth. In November 2016, Neri published her first book: <u>The Art of Coaching for childbirth</u>, a practical guide for all birth professionals looking to integrate the coaching tools and



Total Cost: \$700; 5% early registration before April 1st. Payment plans available